



# COMPLEMENT INHIBITOR PATIENT SAFETY INFORMATION CARD

Patients receiving complement inhibitor therapy should carry this card at all times

This patient is on complement inhibitor therapy (e.g. Soliris® or Ultomiris®) for Paroxysmal Nocturnal Haemoglobinuria (PNH). This blocks complement activation resulting in an increased susceptibility to Neisseria infections, such as Neisseria Meningitidis.

## Information for the Treating Physician

- Due to complement inhibition, symptoms may be attenuated and a low-index of suspicion is required
- Meningococcal infections may become rapidly life-threatening or fatal if not recognised and treated early
- Evaluate immediately if infection is suspected and treat with appropriate antibiotics where necessary
- Contact the PNH team as soon as possible (details below).

For more information please refer to the full Summary of Product Characteristics.

Patient Name:.....

Local Hospital: .....

Heart Condition:.....

### PNH National Service



#### Contact Details

Tel: **0113 2068625** (Monday - Friday, 9:00 - 17:00)  
 Medical Emergency On Call Mobile  
 (out of office hours): **07920 535918**  
 Email: **pnh.leeds@nhs.net**  
 St James University Hospital, Leeds

## COMPLEMENT INHIBITOR PATIENT SAFETY INFORMATION CARD

Complement inhibitor therapies can lower the ability of your immune system to fight infection, **especially meningococcal infection, which requires immediate medical attention**. If you experience any of the following symptoms, you should contact your doctor immediately.

- Headache
- Vomiting or nausea
- Stiff neck or back
- Raised temperature (38°C or above)
- Rash
- Confusion
- Muscle aches
- Eye Sensitivity

### Administration of plasma products

Administration of plasma products (e.g. Fresh Frozen Plasma or Prothrombin Complex Concentrate) could result in the reversal of complement inhibitor therapy with the risk of potentially life-threatening complications, **particularly thrombosis**. Vitamin K or recombinant products are safe to administer.

If plasma products are required in a life threatening emergency, **proceed and please discuss with one of the Consultant Haematologists at the PNH service**. An additional dose of complement inhibitor may be required.

**Seek emergency medical care immediately if you have any of these signs or symptoms and show this card**

Even if you stop using complement inhibitor therapy, please keep this card with you for 3 months after your last dose. Your risk of meningococcal infection may continue for some time after your last dose.

If found, please return to:

PNH Service, Bexley Wing, Level 3, St James University Hospital, Leeds, LS9 7TF